

# Children's Mental Health of Leeds & Grenville



*We are still here to meet your family's mental health needs during this time!*

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## Hours

Monday to Friday	Please call 1.800.809.2494 for service	8:30a.m. – 4:30p.m.
Wednesday	Please call 1.800.809.2494 for service	Extended hours to 7:00p.m.

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To best serve our community during this time, we are offering our services over the telephone. Children, youth and their families can reach out at anytime to make a referral and receive service.

We are also offering **Call-In sessions!** A single session option for families to check-in with a clinician regarding anxieties or other issues.

After 4:30pm, please contact the KIDS Help Phone at 1-800-668-6868

Visit our website at [www.cmhlg.ca](http://www.cmhlg.ca)



**Flexible Phone Appointments Available Upon Request**